



High School Café Menu August 7th to 11th, 2017

	Monday		Tuesday	Wednesday	Thursday	Friday	
Morning Break @ 9:50 am		Light Snacks	<ul style="list-style-type: none"> ● Chicken & Cheese in Pita Bread ● Samosa 	<ul style="list-style-type: none"> ● Grilled Bacon and Cheese Sandwich ● Pancakes, Maple Syrup 	<ul style="list-style-type: none"> ● Chicken Kathi Roll ● Bagel Pizza 	<ul style="list-style-type: none"> ● Meat Quesadilla ● Samosa 	
		Egg	Egg Muffin	Spanish Omelette	Egg Muffin	Spanish Omelette	
Lunch Time @ 11:30 am	<p>The Food Services wish you Bon Appetit !</p> 	Soup	Mixed Vegetable	Roast Mushroom	Tomato with Croutons	Veg Noodle	
		Hot Choice	<ul style="list-style-type: none"> ● Butter Chicken with Pulao Rice and Naan ● Fusilli Carbonara 	<ul style="list-style-type: none"> ● Chicken Khow Suey (Noodles cooked in Coconut Milk) ● Meat Enchiladas with Side Salad 	<ul style="list-style-type: none"> ● Roast Chicken with Garlic Mashed Potatoes ● Meat Stroganoff, Pasta 	<ul style="list-style-type: none"> ● Chicken Shawarma ● Macaroni Bolognese 	
		Vegetarian Options	<ul style="list-style-type: none"> ● Butter Paneer with Pulao Rice and Naan ● Penne in Basil Cream 	<ul style="list-style-type: none"> ● Chickpea Khow Suey (Noodles cooked in Coconut Milk) ● Veg. Enchilada with Side Salad 	<ul style="list-style-type: none"> ● Grilled Paneer with Mashed Potatoes ● Veg. Stroganoff with Pasta 	<ul style="list-style-type: none"> ● Falafel ● Macaroni Cheese 	
		A mini Indian meal comprising of Rice, Daal, Vegetable Curry is available also-please ask the counter-man for help.					
		Mini Meal	<ul style="list-style-type: none"> ● Chicken Satay ● Vegetable Skewers 	<ul style="list-style-type: none"> ● Chicken Tikka ● Paneer Tikka 	<ul style="list-style-type: none"> ● Chicken Momos ● Vegetable Momos 	<ul style="list-style-type: none"> ● Chicken Nuggets ● Fried Mushrooms 	
		Pizza Choice	<ul style="list-style-type: none"> ● Margarita ● Basil ● Pepperoni 	<ul style="list-style-type: none"> ● Margarita ● Mushroom ● Ham and Onion 	<ul style="list-style-type: none"> ● Margarita ● Roast Vegetable ● Pepperoni 	<ul style="list-style-type: none"> ● Margarita ● Paneer ● Chicken Tikka 	
		Sandwich Choice	<ul style="list-style-type: none"> ● Ham and Cheese ● Tuna ● Grilled Paneer 	<ul style="list-style-type: none"> ● Chicken Tikka ● BLT ● Roast Vegetables 	<ul style="list-style-type: none"> ● Chicken Jalapeno ● Club (Meat & Chicken) ● Tomato Mozzarella 	<ul style="list-style-type: none"> ● Chicken Salad ● Roast Meat ● Paneer Tikka 	
Salad Bar	Organic Salad Bar with a variety of Meats, Raw Vegetables, Lettuce, Condiments and Dressings is on offer.						
Available throughout the day (8 am to 4:30 pm)	Snacks	Burgers (Cheese, Chicken, Veg.), Sandwiches (Peanut Butter Jelly, Bagel Cream Cheese), Nachos with Salsa, Vegetable Sticks, Cereals, Popcorn etc.				Samosa,	
	Beverages	Cold Coffee, Chocolate Milk and Tetrapack Juices . We also have Milk Shakes, Smoothies and Fresh Juices (Please check Flavour of the Day.)					
	Confectionery	Croissant, Muffin, Doughnut, Pretzel, Pita Bread with Hummus, Quiche, Puff, Tart, Pastry etc.					
	Fruits	Apple, Kiwi, Orange, Pomegranate, Pear, Banana etc.					